

A Man, A Can, A Grill: 50 No-Sweat Meals You Can Fire Up Fast (A Man, a Can, a Plan)

David Joachim, The Editors of Men's Health



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Take a man. Add a can. Now throw in a grill. Sounds like a recipe for disaster, right? But with the geniuses who brought you *A Man, a Can, a Plan* are calling the shots, any guy can turn his culinary carnage into a killer meal. The 50 recipes include:

- Photos of most ingredients, so shopping is a breeze
- Instructions for charcoal and propane grills alike
- Options for vegetarians
- Other useful facts about the ingredients and grilling techniques

Whether the menu calls for beer-basted chicken or shish kebabs, Joachim's approach to barbecuing will lure even the most inexperienced cook to slap on an apron.

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