



# **The Treatment of Bipolar Disorder in Pastoral Counseling: Community and Silence (Haworth Pastoral Press Religion and Mental Health)**

*David Welton, Harold G Koenig*

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Learn how religion can help in treating those suffering from bipolar disorder

The Treatment of Bipolar Disorder in Pastoral Counseling introduces a new treatment model based on Quaker ideas and practices that can be used in conjunction with medical and psychological practice for treating manic-depressive illness. This unique book examines the interplay between religion and psychoanalysis, using the latest research on the importance of silence, prayer, and meditation in psychotherapy, the role of community in healing, and the problem of God and suffering. The book includes clinical examples from the author's counseling practice, case studies of bipolar clients, and an extensive bibliography of materials on this crippling disorder that affects more than two million American adults.

With its multidisciplinary approach, pastoral counseling may be the most effective psychotherapy for use with medical and pharmacological treatments. Pastoral counselors can gain valuable insights from psychodynamic, cognitive-behavioral, learning, and family systems theories for a more complete understanding of their clients. The Treatment of Bipolar Disorder in Pastoral Counseling examines current understandings of the disorder, including the effects, advantages, and disadvantages of medications, genetic factors, and the search for a "mood gene," and looks at current treatment approaches, including object relations, psychoeducational, and narrative psychology.

The Treatment of Bipolar Disorder in Pastoral Counseling examines:

- the writings of Quaker reformers, their methods of treatment, and the philosophies behind them
- key theological ideas of Quakerism that are helpful to pastoral counselors
- the ethical implications of pastoral counseling
- self-emptying as a way toward health
- the client's right to privacy and individuality
- the nature of suffering
- the public perception of mental illness
- theological reflections of mental illness
- and much more

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The reason? Because this The Treatment of Bipolar Disorder in Pastoral Counseling: Community and Silence (Haworth Pastoral Press Religion and Mental Health) is an unordinary book that the inside of the reserve waiting for you to snap the item but latter it will distress you with the secret this inside. Reading this book alongside it was fantastic author who also write the book in such awesome way makes the content inside easier to understand, entertaining means but still convey the meaning completely. So , it is good for you because of not hesitating having this ever again or you going to regret it. This amazing book will give you a lot of rewards than the other book have got such as help improving your ability and your critical thinking technique. So , still want to delay having that book? If I have been you I will go to the reserve store hurriedly.

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The book untitled The Treatment of Bipolar Disorder in Pastoral Counseling: Community and Silence (Haworth Pastoral Press Religion and Mental Health) contain a lot of information on the idea. The writer explains her idea with easy technique. The language is very straightforward all the people, so do not necessarily worry, you can easy to read this. The book was written by famous author. The author will take you in the new period of time of literary works. It is possible to read this book because you can read on your smart phone, or gadget, so you can read the book with anywhere and anytime. In a situation you wish to purchase the e-book, you can open their official web-site and order it. Have a nice go through.

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