



Beyond the High Blue Air: A Memoir

Lu Spinney

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Aged just 29, gifted, athletic and loved, Lu Spinney's son Miles was on the brink of a brilliant future. Then a snowboarding accident changed everything. He suffered a devastating head injury and was left in a coma.

With unflinching honesty, Lu has written a passionate, urgent account of the years following Miles's accident, revealing his existence imprisoned in a limbo of fluctuating consciousness, at times agonizingly aware of his predicament. *Beyond the High Blue Air* explores the nature of self when all means of communication are lost, the anguish of witnessing Miles's suffering and the slow-dawning recognition by his family that, though Miles had been prevented from dying, he had not been brought back to a meaningful life. *Beyond the High Blue Air* is a bold, raw, courageous memoir: a testament to the fierce power of maternal love.

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