



Recovering from Sexual Abuse, Addictions, and Compulsive Behaviors: “Numb” Survivors

Carlton Munson, Sandra L. Knauer

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Explore the connection between sexual victimization, addiction, and compulsive behaviors! This book demonstrates clearly what lengths survivors of sexual abuse will go to in attempting to avoid dealing with the pain resulting from their sexual abuse. Anyone who has been sexually abused is likely to have one of the addictions or compulsive behaviors described herein. The information in *Recovering from Sexual Abuse, Addictions, and Compulsive Behaviors* regarding codependency is especially useful to survivors of sexual abuse who now find themselves in abusive relationships. Survivors of abuse who have gone without treatment sometimes become either sexual perpetrators or sexual addicts and may experience many different types of psychological dysfunction. *Recovering from Sexual Abuse, Addictions, and Compulsive Behaviors* examines issues that survivors often have regarding:

- trust and friendship
- sexuality and sexual addiction
- marriage and family
- religious addiction as opposed to spirituality
- alcohol and substance abuse
- workaholism
- weight issues and eating disorders
- violence as the result of shame, fear, and depression caused by abuse

Recovering from Sexual Abuse, Addictions, and Compulsive Behaviors is more than a litany of the problems that survivors face. This valuable work will show you:

- HOW the survivor came to employ addictive or compulsive behaviors
- WHY the survivor continues to employ these self-abusive behaviors despite the pain caused by the addiction
- WHAT the survivor needs to do to aid recovery
- WHERE the survivor can turn to obtain the help that is needed to recover from addictive or compulsive behaviors

With its complete bibliography and up-to-date information on sexual abuse, addictions, and compulsive behaviors, *Recovering from Sexual Abuse, Addictions, and Compulsive Behaviors* will show you the full course of sexual abuse and its aftermath, bringing you from the beginnings of sexual abuse through the steps that lead to addiction and compulsion, and ultimately, recovery.

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Nowadays reading books become more than want or need but also turn into a life style. This reading addiction give you lot of advantages. Advantages you got of course the knowledge the actual information inside the book that will improve your knowledge and information. The details you get based on what kind of publication you read, if you want drive more knowledge just go with training books but if you want sense happy read one along with theme for entertaining such as comic or novel. Often the Recovering from Sexual Abuse, Addictions, and Compulsive Behaviors: “Numb” Survivors is kind of guide which is giving the reader unforeseen experience.

Robert Price:

The book untitled Recovering from Sexual Abuse, Addictions, and Compulsive Behaviors: “Numb” Survivors contain a lot of information on it. The writer explains your ex idea with easy technique. The language is very clear and understandable all the people, so do definitely not worry, you can easy to read the idea. The book was authored by famous author. The author gives you in the new period of time of literary works. You can read this book because you can please read on your smart phone, or device, so you can read the book in anywhere and anytime. In a situation you wish to purchase the e-book, you can available their official web-site and order it. Have a nice go through.

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