



Shiatsu for Midwives, 1e

Suzanne Yates BA(Hons) Dip HSEC(Shiatsu diploma) MRSS(T) APNT Antenatal and postnatal exercise instructor PGCE(PCET), Tricia Anderson MSc BAHons PGDip(THE) RM SOM

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This practical, well-illustrated guide teaches midwives how to incorporate the use of Shiatsu into safe practice and relates the practice of Shiatsu to professional midwifery issues. Clear line drawings and photographs illustrate techniques and are backed up by discussions of actual case studies.

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