



My Ambulance Education: Life and Death on the Streets of the City

Joseph Clark

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The brutally honest story of an emergency medical technician.

At 18, Joseph Clark started working as an ambulance attendant to pay his way through college. For the next seven years he worked New York City's most dangerous neighborhoods as an emergency medical technician (EMT), dealing with the medical emergencies from drug overdoses, gang fights, car crashes and worse, all while juggling schoolwork and a personal life.

His stories are a graphic portrayal of the life of an ambulance EMT. From dealing with a body that is frozen solid and trapped under a front porch to climbing into the burned-out wreck of a car to treat the seriously injured driver, Clark's stories are horrifying, poignant, touching and often filled with the dark humor that is so characteristic of the people who work under extreme stress.

My Ambulance Education is a testament to the medical first responders who scramble to provide the on-the-spot care so vital to the survival of victims. EMTs struggle daily (and nightly) with emotional strain, sleep deprivation and, inevitably, burnout.

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