



The Complete Guide to Edible Wild Plants, Mushrooms, Fruits, and Nuts, 2nd: How to Find, Identify, and Cook Them (Guide to Series)

Katie Letcher Lyle

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Edible wild plants, mushrooms, fruits, and nuts grow along roadsides, amid country fields, and in urban parks. All manner of leafy greens, mushrooms, and herbs that command hefty prices at the market are bountiful outdoors and free for the taking. But to enjoy them, one must know when to harvest and how to recognize, prepare, and eat them.

The Complete Guide to Edible Wild Plants, Mushrooms, Fruits, and Nuts provides everything one needs to know about the most commonly found wild foods?going beyond a field guide's basic description to provide folklore and mouth-watering recipes for each entry, such as wild asparagus pizza, fiddlehead soup, blackberry mousse, and elderberry pie. This fully illustrated guide is the perfect companion for hikers, campers, and anyone who enjoys eating the good food of the earth. With it in hand, nature lovers will never take another hike without casting their eyes about with dinner in mind.

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This The Complete Guide to Edible Wild Plants, Mushrooms, Fruits, and Nuts, 2nd: How to Find, Identify, and Cook Them (Guide to Series) book is absolutely not ordinary book, you have it then the world is in your hands. The benefit you will get by reading this book will be information inside this publication incredible fresh, you will get facts which is getting deeper a person read a lot of information you will get. That The Complete Guide to Edible Wild Plants, Mushrooms, Fruits, and Nuts, 2nd: How to Find, Identify, and Cook Them (Guide to Series) without we understand teach the one who studying it become critical in pondering and analyzing. Don't always be worry The Complete Guide to Edible Wild Plants, Mushrooms, Fruits, and Nuts, 2nd: How to Find, Identify, and Cook Them (Guide to Series) can bring when you are and not make your tote space or bookshelves' grow to be full because you can have it within your lovely laptop even cell phone. This The Complete Guide to Edible Wild Plants, Mushrooms, Fruits, and Nuts, 2nd: How to Find, Identify, and Cook Them (Guide to Series) having very good arrangement in word and layout, so you will not feel uninterested in reading.

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