

# Gender, Class and Food: Families, Bodies and Health (Palgrave Macmillan Studies in Family and Intimate Life)

Julie M. Parsons



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Everyday foodways are a powerful means of drawing boundaries between social groups and defining who we are and where we belong. This book draws upon auto/biographical food narratives and emphasises the power of everyday foodways in maintaining and reinforcing social divisions along the lines of gender and class.

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