



Behind the Counselor's Door: Teenagers' True Confessions, Trials, and Triumphs

Kevin Kuczynski

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Enter the office of Kevin Kuczynski, licensed high school counselor...

A lot of things go on behind Mr. Kuczynski's closed doors ... shouting, crying, talking, finger-pointing, and yes, the slamming of doors. Students, families, teachers, friends, enemies—they all contribute to the often complicated and heart-wrenching drama that plays out in hearts and minds behind those closed doors. Sometimes the stories turn out poorly, but sometimes they end in unimaginable joy.

Kuczynski's goal in writing this book is not to create a 'reality show in a book,' but to use the stories of turmoil and struggle that have unfolded before him as a teaching opportunity. It is to engage teenagers mentally and emotionally so that they develop better choice-making skills and cultivate their ability to succeed despite seemingly unsurmountable obstacles and challenges. In *Behind the Counselor's Door*, counselor Kuczynski opens the doors to his office just enough for us to peer into the cauldron of emotional turmoil within and experience some of the emotional events of his many years of high school counseling: home and family chaos, the regret of a one-night-stand, the mind-erasing effects of partying too hard, an unexpected pregnancy prior to graduation, and the crushing impact of drugs and alcohol. And, of course, there are still the suicides, the abuses, peer pressure and more to confront. Yet, this is not a book about just the dark side of life and it's not about making lemonade out of lemons, either. It's about finding the seeds, planting a tree and making lemonade for the rest of life.

Teenagers will empathize with the trials and tribulations in the students' stories, but behind those closed doors are also ingredients for making life a success: perseverance, achievement, inspiration, accomplishment, affirmation, self-confidence, and so much more. When teenagers take the journey with Mr. Kuczynski, don't be surprised when they come back people of character and conviction, ready to climb mountains and achieve greatness.

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