



Sabores inconscientes: Receitas sem culpa (Portuguese Edition)

Alessandra Sapoznik, Armando Colognese Junior, Claudia Figaro-Garcia, Cybelle Weinberg, David Levisky, Edith Rubinstein, Esio Reis Filho, Ester Schomer, Francy Ribeiro, Filomena Russo, José Carlos Garcia, Luis Marcelo I. Cirino, Maria Helena Fernandes, Maria Helena Masquetti, Maria Teresa S. Rocco, Mauro Hegenberg, Nena Hessel Pipponzi, Pasquale Nigro, Sylvia Maria Piva Camargo, Táki Athanássios Cordás, Tatiana Moya, Valter Lellis Siqueira, Vicente Sarubbi Junior, Vivian Schindler Behar, Waldo Hoffmann

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Reunião de contos e relatos escritos por psicólogos e psicanalistas, na qual o tema é a culinária, ou seja, os pratos que ficaram na lembrança de cada um, em etapas diferentes da vida. Os relatos se dividem entre os sabores ternos da infância os intensos, da adolescência os picantes, da maturidade e, ainda, os sabores transmitidos de geração a geração.

Cada autor fornece a receita de seu prato, num convite ao leitor para participar do "banquete de letras". O livro forma um painel da memória sensorial, abrindo portas para outros conhecimentos e descobertas acerca de nós mesmos.

A enóloga Jane Senna e o jornalista Renato Machado comparecem com harmonizações de vinhos preciosas.

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