



Advanced Health Assessment & Clinical Diagnosis in Primary Care

Joyce E. Dains, Linda Ciofu Baumann, Pamela Scheibel

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Take the 'next step' in health assessment! **Advanced Health Assessment and Clinical Diagnosis in Primary Care, 5th Edition** goes beyond basic history and physical examination to help you master the diagnostic reasoning process. You'll develop this key skill by following assessment guidelines that focus on a specific complaint rather than beginning with a previously established diagnosis or disease entity. Written by advanced practice nursing experts Joyce Dains, Linda Baumann, and Pamela Scheibel, this edition includes new chapters on evidence-based preventive health screening and on heartburn and indigestion, along with a new full-color design. Master the differential diagnosis process outlined in this book, and you'll be able to accurately diagnose the majority of patients seen in today's primary care settings.

- **A clear, consistent diagnostic reasoning process** takes you to the next step of health assessment - beyond basic history and physical examination to diagnostic reasoning.
- **Diagnostic Reasoning: Focused History sections** use 'self-questions' to walk you through the thinking process involved in obtaining a pertinent, relevant, problem-specific history that will assist in differential diagnosis.
- **Diagnostic Reasoning: Focused Physical Examination sections** explain how to perform more advanced diagnostic techniques and interpret the findings.
- **Key Questions** guide you through assessment and toward an accurate diagnosis by listing questions to ask the patient, followed by explanations of what the patient's responses might signify.
- **Laboratory and Diagnostic Studies sections** outline the types of studies that might be appropriate based on the focused history and focused physical examination.
- **Differential Diagnosis sections** offer the most common diagnoses for each patient problem and summarize the history and physical examination findings, along with recommended laboratory and diagnostic studies.
- **Differential Diagnosis tables** provide a quick-reference summary of possible diagnoses for each patient problem.
- **Evidence-Based Practice boxes** - more than 30 are NEW - summarize the scientific evidence related to the diagnosis of patient problems.
- **Alphabetical Table of Contents** provides a convenient listing of common health problems.
- **NEW Evidence-Based Preventive Health Screening chapter** helps you screen for common asymptomatic conditions and promote wellness.
- **NEW Heartburn and Indigestion chapter** addresses this common condition and includes important differential diagnoses such as myocardial infarction and cancer of the esophagus.
- **NEW! Separate chapters on limb pain** divide the topic by lower extremities and upper extremities, offering more focused, easy-to-locate coverage.
- **NEW! Information on screening for abuse and sexual assault** helps in identifying patients who might need additional support or intervention.
- **NEW! Updated information on psychiatric/mental health problems** reflects the latest changes in practice as well as changes to the DSM.
- **NEW! More than 20 NEW illustrations** enhance content and a **full-color design** makes topics easier to find.

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