



The Ultimate Survival Medicine Guide: Emergency Preparedness for ANY Disaster

Joseph Alton, Amy Alton

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***The Ultimate Survival Medicine Guide: Emergency Preparedness for any Disaster* is the new abridged version of the bestselling book *The Survival Medicine Handbook*.**

This unique medical book is meant to enable the average person to handle injuries and illness in situations in which modern medical facilities and professionals aren't available due to a disaster.

This book is written by America's top medical preparedness experts: Joe Alton, MD, and Amy Alton, ARNP. Their mission: to put a medically prepared person in every family for when medical help is not on the way. Using decades of medical experience, they address, in plain language, dozens of medical issues associated with surviving disasters and epidemics. The Altons also discuss the medical supplies needed to become a medical asset to your family and community as well as alternative and natural strategies for when pharmaceuticals aren't available.

Most medical books will send you to the doctor or hospital when an emergency happens. *The Ultimate Survival Medicine Guide* assumes what might actually happen—that the average person could be left without medical help in a disaster. With this unique book, you'll have a head start on keeping your family healthy in times of trouble.

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