



# Alchemical Medicine for the 21st Century: Spagyrics for Detox, Healing, and Longevity

*Clare Goodrick-Clarke*

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Using the ancient art of spagyrics for treatment of today's health problems

- Contains detailed indications for using alchemical preparations therapeutically
- Shows how the essences work holistically to heal the mind, body, and spirit with the energetic qualities of the plant
- Provides effective therapy for a wide range of physical and mental disorders

Spagyrics is a branch of medicinal alchemy that enhances the healing properties already existing in plants. Developed by Paracelsus, the magus and alchemist of the early 16th century, spagyrics is a holistic therapy that promotes healing at all levels of the human being--body, soul, and spirit.

Spagyric essences harness the dynamic life force in plants that triggers recovery from the energetic imbalance of illness. The harmonizing and balancing qualities of spagyric essences differ from other plant remedies and aromatherapy oils because they not only include the plant's energetic information but also incorporate the salt of the plant, from which all toxic matter has been purged. The preparation of this alchemical medicine makes it possible to capture the full therapeutic spectrum of plants, including the cosmic energies they have absorbed.

*Alchemical Medicine for the 21st Century* contains detailed indications for using these alchemical preparations to treat both physical and mental disorders. The author shows, for example, that the tincture made from dandelion is especially potent on liver-related ailments and also raises the spirit and frees the patient from anger and bitterness. The immune system is also boosted by this essence, providing tonic effects for allergy sufferers. The author, a homeopath since 2000, also shows how these spagyric essences can be potentized homeopathically.

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