



The Antidepressant Sourcebook: A User's Guide for Patients and Families

Andrew L. Md Morrison

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In 1998, over 120 million prescriptions were written for antidepressants. That number is projected to rise by almost thirty million by the end of 2000. Despite this growing trend, many patients find that their doctors do not tell them all they need to know about the medications to make their treatments as successful as possible.

The Antidepressant Sourcebook is the first place to turn for people taking antidepressants for the first time and for the millions who have already taken them.

Here, in one concise reference, is all the reader needs to know, including what to talk about with the doctor, how to start and stop medications, and what to expect in the course of treatment. It is a written complement to what the doctor tells you. It answers every question a patient might have: How do I know if I'm on the right medication? Will my antidepressant interact with other medications I'm taking? Can I take it while pregnant? Will it change my personality? Do I need psychotherapy? If you or someone you love is taking antidepressants for depression, an anxiety disorder, or any other reason, your concerns will be addressed here.

The Antidepressant Sourcebook is the most comprehensive primer you can own, offering hands-on advice and clear information. It's required reading for anyone who is taking or thinking about taking antidepressants.

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