



The Practice of Counselling in Primary Care

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`Useful for the insights about introducing a new service into the general practice environment' - *Family Practice*

Counselling practitioners in primary care settings have unique circumstances to contend with. This book offers practical guidance for managing the issues these counsellors face, exploring the complex dynamics of health care teams and providing a guide to the safe and effective practice of counselling in primary health care contexts.

The book highlights potential sources of difficulty for this group, from needing to maximize therapeutic contact while using time-limited techniques, to working with a wide range of patients and problems and relying increasingly on evidence-based practice.

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