



Clinical Psychopharmacology: A Practical Approach

Humberto Marin

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This book aims to provide comprehensive, up-to-date information on psychotropic drugs and inform clinical decisions for the treatment of mental disorders using a problem-solving approach.

In order to accomplish these goals, the book has three central characteristics:

- it is evidence-based
- it compares each individual drug with others in the same class and also those used for the same indications rather than describing them separately
- it steadily draws practical conclusions and makes recommendations about how to select and use medications in the treatment of specific mental disorders

More than a textbook, it is meant to serve as a practical tool for professionals working in the mental health field.

Contents:

- Absorption, Transformation, and Elimination of Psychotropic Medications
- Neurotransmitters, Receptors, and Transporters
- Antipsychotics: A General View of Therapeutic and Adverse Effects
- Description of Individual Antipsychotics
- Treatment of Schizophrenia with Antipsychotic Medications
- Antidepressants: Selective Serotonin Reuptake Inhibitors and Serotonin–Norepinephrine Reuptake Inhibitors
- Bupropion
- Mirtazapine, Trazodone, and Nefazodone
- Monoamine Oxidase Inhibitors and Tricyclic Antidepressants
- Individualized Treatment of Depression
- Benzodiazepines, Buspirone, and Miscellaneous Medications Used in Anxiety Disorders
- Medication Treatment of Anxiety Disorders
- Medications Used in the Treatment of Mania
- Medications Used in Bipolar Depression, Mixed States, and Rapid Cycling
- Medications Used in the Treatment of Insomnia
- Medications Used in the Treatment of Attention Disorders
- Medications Used in the Treatment of Dementia
- Medications Used in Smoking Cessation and Alcohol Use Disorders
- Drug–Drug Interactions

Readership: Professional psychiatrists, psychologists, primary care practitioners, clinical practitioners.

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Maureen Bonds:

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