



# **The Shochu Handbook - An Introduction to Japan's Indigenous Distilled Drink**

*Christopher Pellegrini*

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For hundreds of years, shochu and awamori have dwelled near the center of Japan's vaunted culinary traditions. Despite outselling most other alcoholic beverages in Japan, however, these premium distilled treats have largely remained hidden from the rest of the world. But that is beginning to change. Written by licensed sommelier and longtime Japan resident, Christopher Pellegrini, *The Shochu Handbook* is the first major reference published on the subject in a language other than Japanese. Illustrated with dozens of beautiful photographs, the book covers everything from how distilled beverages arrived in Japan to a step-by-step overview of the distilling process. There are also detailed chapters devoted to deciphering bottle labels, food pairing, serving styles, and speaking the language of these divine drinks. Packed with information, *The Shochu Handbook* also includes an extensive list of recommended bottles, a chapter devoted to cocktail and homemade liqueur recipes, and Japanese-English language assistance for everything from ordering shochu in a bar to telling the difference between single-distilled and multiple-distilled drinks. This book is essential for Japanese food enthusiasts, restaurateurs, distributors, journalists, retailers, beverage professionals, and everyone in between.

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