



# **Beyond the Big Talk: A Parent's Guide to Raising Sexually Healthy Teens - From Middle School to High School and Beyond**

*Debra W. Haffner, Alyssa Haffner Tartaglione*

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As featured in *Newsweek*, *Time*, *USA Today*, and on *Oprah*, *Dateline NBC*, *MTV* and *20/20*, this leading sexuality educator now helps parents guide their children through the difficult adolescent years—from the author of *From Diapers to Dating*.

Debra Haffner's valuable, award-winning book first book on raising sexually healthy children, *From Diapers to Dating*, helps parents through the infant-to-age-12 period. Her sequel, *Beyond the Big Talk*, now guides them through the difficult adolescent years, when they are likely to confront such issues as peer pressure, dating and parties, alcohol and drugs, harassment, abstinence, and much more. Organized by age group—middle school (grades seven and eight), early high school (grades nine and ten), late high school (grades eleven and twelve), and beyond (ages 18 and up), each section provides:

- "Values Exercises" to help parents decide their own beliefs on various topics, and how to communicate them to their teen.
- "Special Issues" advice on topics such as eating disorders, date rape, sexual violence, and dealing with your teen's questions about your own sexual history.
- Advice on finding "teachable moments" with your teens—entry points into discussions on important topics in television, in the movies, and in your daily lives.

A frank and supportive foreword by Haffner's teen-age daughter, Alyssa, gives a young person's perspective on the challenges teens face every day. An extensive Appendix offers a wealth of books, websites, and organizations for both teens and their parents.

In her trademark "realistic, practical, and informative" style (Kirkus Reviews), Haffner's values-oriented approach is an invaluable resource to both parents and children.

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