



# Condition-Specific Massage Therapy (LWW Massage Therapy and Bodywork Educational Series)

*Celia Bucci*

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## Condition-Specific Massage Therapy (LWW Massage Therapy and Bodywork Educational Series)

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Show your students how to tailor their massage to different musculoskeletal conditions! Condition-Specific Massage Therapy outlines assessment and treatment goals for common musculoskeletal conditions. Students in a basic 500-700 hour program, and practicing therapists in clinical, wellness and spa settings will learn new theoretical and practical tools while strengthening their clinical reasoning and basic massage skills. Templated chapters for eleven conditions apply foundational science to massage practice and move the student from understanding each condition to assessing and working with the client. Icons depicting treatment goals, treatment overview diagrams, and photographs with the referenced muscles illustrated over the model's skin comparing healthy posture to the deviated posture common to the condition enhance the reader's visualization of treatment goals. Massage therapy research and case studies for each condition provide concrete examples of the benefits of massage for these conditions. Each chapter ends with a Professional Growth section, which encourages further exploration and critical thinking.

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