



Personality Disorder (Oxford Psychiatry Library)

Giles Newton-Howes

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A practical guide to personality disorders, this pocketbook is written with clinical utility in mind. Case examples and a focus on evidence based treatments will give busy health professionals confidence when diagnosing and treating patients with personality disorders. Clear and concise, this book provides practical advice highlighted with useful 'key points' so that readers can find information quickly and easily.

Personality Disorders outlines the principles of management, with a focus on pharmacological, psychotherapeutic, and social interventions.

Personality disorder is an area of psychiatry with much confusion and controversy, and Dr Newton-Howes explores the current understanding of the field, including where there are gaps. Informed by the classification systems in ICD-10 and DSM-5, this book will serve as a practical reference for psychiatrists, psychiatric trainees, clinical psychologists, GPs with a special interest in mental health, and other mental health professionals.

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